

Tobacco Dependence Adviser Training Course: Inpatient Mental Health

Trainer's guide

Module 12: Discussing tobacco dependence aids with patients

Discussing tobacco dependence aids with patients

Purpose:

- To communicate the skills needed to explain stop smoking medications and support effective medication use.

Duration: 10 minutes

Process:

- Presentation
- Group discussion

Resources:

- PowerPoint presentation

Instruction:

- See notes in presentation slides

Trainer guidance on medications

Prior to delivering the course, it will be worth viewing the medication pages in the NCSCT *Practitioner Training and Assessment Programme* and the NCSCT online *stop smoking medications* module. It would also be beneficial to review the NCSCT online *Vaping: a guide for healthcare professionals* module.

Please also read relevant briefings on the NCSCT website and the following information regarding medications requiring monitoring following smoking cessation, available here:

www.sps.nhs.uk/articles/what-are-the-clinically-significant-drug-interactionswith-tobacco-smoking/